

New Mexico 4-H Adult Retreat 202' Workshops

November , , 202) • Albuquerque, NM



Session 1 Workshops: 9:50 - 11:20 AM

1a.

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Paige Marez, Santa Fe County FCS 4-H Agent and Leigh Ann Marez, Retired Eastern District Director

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1b.

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Cindy Grooms Dona Ana County 4-H Leader

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1c.

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Susann Mikkelsen, Guadalupe County Ag/4-H Agent

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Jeanette Coletti Dona Ana County 4-H Leader

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Session 2 Workshops: 1:00 - 2:30 PM

2a.

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Sierra Cain Valencia County Ag Agent and Crystal Anaya Valencia County 4-H FCS Agent

Experience unique county program ideas involving FCS, Agriculture and Leadership. Identify state activities to participate in for your county's 4-H program.

2b.

The Science of Agriculture

Dr. Peter Skelton Professor & Director Extension & Research Youth Agricultural Science Center

Growing plants with youths is a great way for them to learn about life cycles and patience through delayed gratification because planting a seed or growing a plant requires that youth take care of it for an extended period of time. It is also a great way to nurture bonds with both plants, families and educators.

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New Mexico 4-H Adult Retreat 2024 Workshops



Session 2 Workshops: 1:00 - 2:30 PM (continued)

2c.

The Perfect Project for All 4-Hers

Cindy Grooms, Doña Ana County 4-H Leader
Housing and Interior Design Project

Beyond Ready to Knit

Tamara Schubert Chaves County FCS/4-H Agent and Arlene Rowland Chaves County 4-H Leader

2d.

Ready to explore new curriculum. come join us as we dive into new knitting curriculum and all that it has to offer our youth. Get hands on experience in the new addition of loom knitting.



Session 3 Workshops: 3:00 - 4:00 PM

3a.

Minimal to No Prop Activities - 4-H Fun on the Fly

Eva Madrid Dona Ana County 4-H Agent

Discover fun, hands-on activities that require minimal props but maximize engagement in youth programs. this workshop equips Extension professionals and volunteers with creative, low-cost strategies to inspire learning, teamwork, and problem-solving in any setting.

3b.

Electricity Intro Project - Science Bug

Lena Zielie Los Alamos County 4-H Leader

STEM projects don't need to be hard, learn a simple safe electricity project foe all ages. We will explore how circuits work and even practice making our own as we build a light-up Science Bug necklace.

3c.

What's On Your Plate: Serving Up Shared Solutions for Club Management

Katelyn Wright Chaves County 4-H FCS Agent

This interactive workshop offers practical tools and peeer-driven solutions to help leaders balance club management with life's demands. Participants will explore key strategies for effective meetings, troubleshoot common challenges, and share ideas with one another.

3d.

My Favorite Contest - Favorite Foods

Kelly Knight Otero County FCS 4-H Agent

This workshop will cover from the first step of picking a 'favorite' healthy food to presenting it to the judges.



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Cooperative Extension Service



If you are an individual with a disability and need an auxiliary aid or service, please enter your required accommodations on Form 300.A-3 and notify your County Extension Office.

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